

Women Veterans' Yoga Project

Spring 2017

- ➔ **FREE stress-reducing yoga in a welcoming space**
- ➔ **Small class size tailored to individual needs**
- ➔ **All yoga supplies provided**

Where?

**CSU Occupational Therapy Building
800 Oval Drive, Rooms 100 and 101**

When?

**Drop-in Tuesdays 7-8:00am
and Thursdays 4:30-5:30pm
January 31st —May 4th, 2017**

Questions?

**Call 970 491-5809 or email
Erica.Billingsley@colostate.edu**



**THE WOMEN & GENDER
COLLABORATIVE**

Sponsored in partnership by The Women & Gender Collaborative, New Start for Student Veterans program and Adult Learner & Veteran Services office, and in support of the Women's Veteran Initiative.