

## OPS OVERVIEW

The Opportunities for Postsecondary Success (OPS) program is based out of the Center for Community Partnerships in the Department of Occupational Therapy at Colorado State University. Working collaboratively with the Resources for Disabled Students Office and other student service offices, OPS supports successful postsecondary transition outcomes for students with disabilities who benefit from additional support above and beyond standard academic accommodations.

### Individualized, holistic services



While identifying individual strengths and challenges, OPS addresses the whole person.



Contribute to an **opportunity for success**

**By mail:** Make checks payable to CSU  
(for OPS on memo line)  
1573 Campus Delivery  
225 Occupational Therapy Building  
Colorado State University  
Fort Collins, CO 80523

Online:  
<https://advancing.colostate.edu/ops>

OPS services are made possible through grant funding, private charitable donations and individual payment.

*Your support makes a difference!*



Find out about...

## Opportunities for Postsecondary Success Program

for CSU Students



“OPS gave me the support and confidence I needed to succeed in school and life.”

- Hailey Misheff (Student)

“OPS guided and supported my son throughout his undergraduate degree at CSU, and I cannot express my gratitude strongly enough.”

-Dr. Ian Orme (Parent and University Distinguished Professor)



**Colorado State University**

COLLEGE OF HEALTH AND HUMAN SCIENCES

Department of Occupational Therapy

Center for Community Partnerships

## Is OPS right for me?

OPS is for CSU students with learning differences and/or disabilities who may benefit from weekly one-on-one support services. These services complement the standard academic accommodations provided through the Resources for Disabled Students Office.

OPS is for CSU students who want to:

- Be more organized
- Increase academic effectiveness
- Set and achieve goals
- Manage stress
- Ease adjustment to life as a student
- Improve life balance
- Determine academic and life direction
- Strengthen effective communication & relational skills
- Become a stronger self-advocate



*OPS student with her Mentor utilizing a strategic organization method.*

## How will I benefit from OPS?

- ◆ A **smoother transition** to higher education.
- ◆ An increased ability to **self-advocate** (**identify, express and meet personal needs and goals.**) OPS self-advocacy =
  - Knowing yourself (strengths & challenges)
  - Knowing what you need & want
  - Knowing how to GET what you need & want
- ◆ Increased potential for **successful academic and life outcomes.**

## What services will I receive?

- ◆ An **individual assessment** for identification of specific challenges, strengths, interests and goals.
- ◆ One-on-one support from a **trained Student Mentor** and a professional **OPS Coordinator**. Based on the student's individual plan, mentors and transition coordinators help students become strong **self-advocates**.



Services may include:

- Teaching **critical skills** such as time management, effective communication, problem-solving, decision making, stress management, study and note taking methods, test taking strategies, awareness of life balance, goal planning and attainment; all with an emphasis on building self-advocacy skills.

- **Connecting** students to campus resources.
- Assisting students in **identifying and implementing** compensatory strategies and/or accommodations that promote academic and campus life success.
- Practicing **social and interpersonal skills**.
- Facilitating **career development** & effective transition beyond OPS.

*OPS student reviewing critical memory strategies with his Mentor and Transition Coordinator.*



## Is there a fee for services?

Yes; there are two fee options, you may pay either \$2,000 per semester or \$75.00 per hour. This can be discussed during your initial meeting with an OPS staff member.

## How do I get started?

Apply now by visiting:

[http://ccp.colostate.edu/programs/ops\\_post\\_secondary.aspx](http://ccp.colostate.edu/programs/ops_post_secondary.aspx)

OR contact:

The Center for Community Partnerships  
320 Occupational Therapy Building  
Colorado State University  
970 491-5930

E-mail: [contact.ccp@colostate.edu](mailto:contact.ccp@colostate.edu)